

Otsar Day Hab Newsletter

November 8, 2024

Trip to Ceasar's Bay..

*Here at Otsar, shopping trips are rated one of the most popular outings. The participants love to purchase items they can use at home or give as gifts to their family. This week, our group went to the Ceasar's Bay Shopping Center. On Wednesday, we loaded the buses with a bounce in our step and were on our way. There are so many marvelous stores to choose from at the center. We visited Five Below and Target. **Miriam** bought a beautiful makeup caddy. **Yanky**, ever practical, purchased toothpaste. **Mark** bought a stuffed animal. We walked around the bustling stores, amongst the many shoppers. Some of us walked to the water and enjoyed the glorious weather. The participants came back with radiant faces. Anyone in need of a personal shopper? You know where to find us!*

Fall Scented Dough..

*We unraveled a new theme, hot off the press! We are integrating sensory activities into our weekly crafts. The participants will hone in on their dexterity skills. This week, we made homemade sensory dough. We started out with mixing the dough, which consisted of flour, water, salt, oil and cream of tartar. We then added in cinnamon which gave it a delightful fragrance. The aroma travelled to the other end of the room. The participants mixed the dough and savored the soft texture. **Yelena** loved the silk-like feeling. **Eshka** appeared to be on cloud nine and appreciated this relaxing activity. We then shaped the dough using apple cookie cutters, in the spirit of the Fall season. We can hardly wait to find out what's in store for us in this new segment!!*

Games..

Join me as we take a peek inside our games group. Throughout the week, the participants play Headbands, Outburst, Bingo and other board games. This

*week, **Roger** and **Bobby** played a game of Scrabble. We were blown away by their intelligence as they came up with sophisticated words such as broth and doorstep. Our knowledge and creativity came in handy as we aced our way through the game. We all know that Otsar Day Hab is “ahead of the game” with exciting programming!*

Kitchen Buzz..

This week, our seasoned chefs were busy whipping up a storm in the kitchen. The participants have mastered many culinary skills and handle the various tasks in stride. On Monday, we had quinoa, nutritious fish and vegetable salad. Tuesday brought along baked ziti, arguably the most popular lunch served at Otsar. Our stomachs grumbled in anticipation as we prepared the food. We topped it off on Thursday with tuna patties, sweet potatoes and roasted vegetables. The lucky group of participants hammered away but their efforts surely paid off. We were all impressed with how flavorsome the food tasted. Hats off to our wonderful chefs!!

