

newsletter

פרשת בחקתי
May 31, 2024

Trip to Brooklyn Botanic Gardens..

Yes, you read right! On Wednesday, the participants went on a breath-

taking trip to Brooklyn Botanic Gardens. We couldn't be happier as

we loaded the buses with a "spring" in our step. When we arrived, we

were greeted by magnificent flowers, waving to us in the breeze.

The group split up and everyone chose to go in a different direction.

Sara walked through the rose garden, "blown" away by the mag-

nificent arch made of roses. There were pink, purple and even yellow

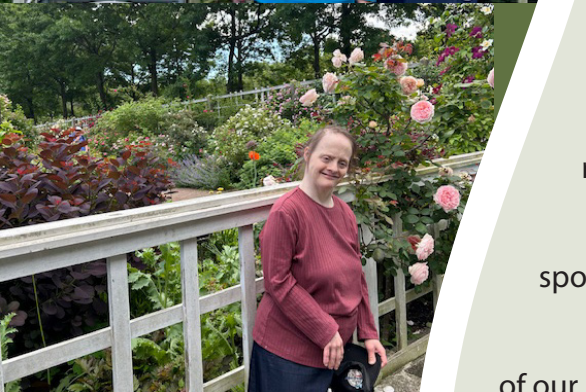
roses. **Yanky** especially enjoyed the cobblestone path. Along our route, we

spotted chrysanthemums and daisies. The participants marveled at the beauty

of our intricate world. We came back with renewed appreciation for nature in its

entire splendor. Shout out to our beloved staff for adding meaning and joy to our

trips! We so appreciate you!!





Dancing with Arkadiy..

The participants count down the days to Arkadiy's dancing session. He brings unique energy, positivity and smiles to our Day Hab. As always, Arkadiy was greeted with resounding applause when he arrived. We started out with warm up exercises. "Stretch those hands as high as you can". We continued learning the Bachata. Arkadiy showed us the steps, along with a beat. One, two, three, four.. He then danced with each participant individually. **Peryl** danced like a pro, familiar with the steps. **Mark** did the twirl perfectly. We were blown away by our skilled dancers. The participants have mastered many dance rhythms and are ready to take it up a notch. Stay tuned for some new moves that will most definitely "take the floor"!

Canteen with a Twist..

On Thursday, we took our weekly canteen activity up a notch. The participants look forward to canteen all week and were excited for this new surprise. We set up a "store" in front of the main room. The participants came up one by one, gave their money to staff and chose their snack. The sound of munching was heard as we



enjoyed our delicious snacks and drinks. The participants loaded the buses in the afternoon feeling satisfied and in good spirits!

Music Bingo..

The classic game of Bingo is arguably the most popular activity here at Otsar. You can see the smiles on the participants' faces as they are engrossed in the game. This week, we played music bingo. **Francine** had an enchanted look on her face as she sang "Que Sera, Sera". The participants erupted in cheers as "Rockin' Robin" played on the loudspeaker. We were flooded with warm feelings of nostalgia. The saying "oldies but goodies" rang truer than ever!

Otsar Salon..

On Friday, the ladies were pampered as they got their nails done. We were treated like queens as we relaxed in the calming atmosphere. **Shoshana** debated before choosing a pretty lavender. The women were on a high to have their nails done in honor of Shabbos. Of course the job was superbly done, ala' Otsar style! We can't wait to welcome the weekend, feeling glamorous!