# The DayHab

# newsletter

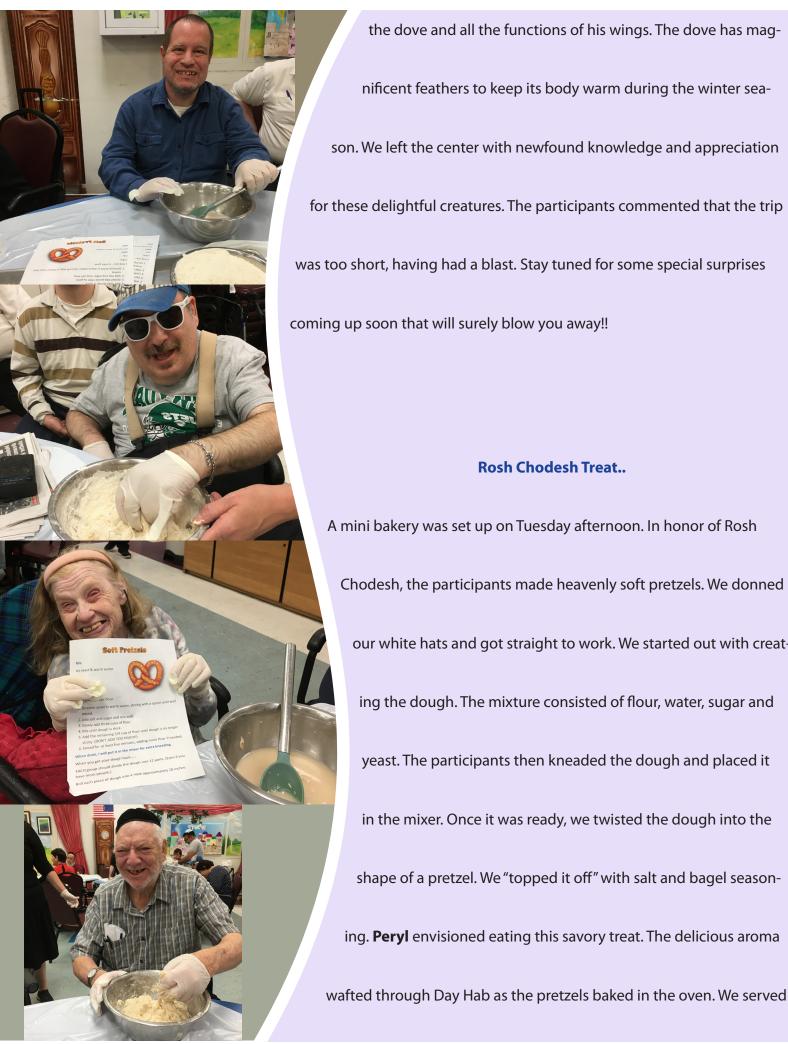
## פרשת שופטים September 6, 2024

**Trip to Alley Pond..** 

The participants were treated to a fantastic trip this week, the <u>Alley Pond</u>

Environmental Center! We loaded the buses quickly, eager to get there as early as possible. Once there, Erica, our private tour guide led us to a room. She brought out several different animals which we were able to pet. The participants overcame their fears and jumped right in. Erica taught us all about the animals' behavior, where they live, what they enjoy eating etc. We learnt that Leonardo, the turtle, hides face in his shell when he senses danger nearby. The saying, "as slow as

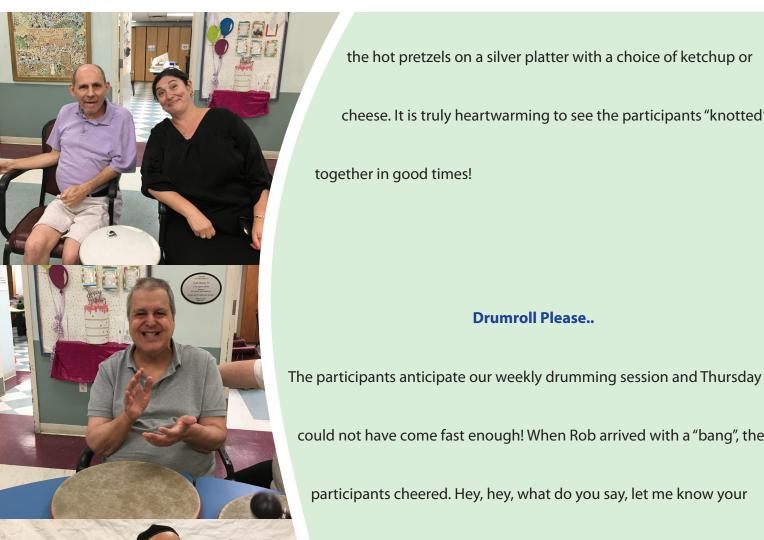
his face in his shell when he senses danger nearby. The saying, "as slow as a turtle" came to life as we watched the turtle dawdle. Mochi, the guinea pig, is a mammal which means they feed their babies with milk. **Francine** conversed with the guinea pig. Erica then introduced us to an exotic animal. Glinda, the bearded dragon, lives primarily in the desert. **Yanky** was fascinated to learn about Snow,



the dove and all the functions of his wings. The dove has magnificent feathers to keep its body warm during the winter season. We left the center with newfound knowledge and appreciation for these delightful creatures. The participants commented that the trip was too short, having had a blast. Stay tuned for some special surprises coming up soon that will surely blow you away!!

#### **Rosh Chodesh Treat..**

A mini bakery was set up on Tuesday afternoon. In honor of Rosh Chodesh, the participants made heavenly soft pretzels. We donned our white hats and got straight to work. We started out with creating the dough. The mixture consisted of flour, water, sugar and yeast. The participants then kneaded the dough and placed it in the mixer. Once it was ready, we twisted the dough into the shape of a pretzel. We "topped it off" with salt and bagel seasoning. Peryl envisioned eating this savory treat. The delicious aroma



the hot pretzels on a silver platter with a choice of ketchup or cheese. It is truly heartwarming to see the participants "knotted" together in good times!

### **Drumroll Please...**

could not have come fast enough! When Rob arrived with a "bang", the participants cheered. Hey, hey, what do you say, let me know your name! We drummed along to the welcome chant. The next song was a classic from Mordechai Schapiro. "We can all sing.". **Danny** was smiling from ear to ear, having a "blast". Rob then went around and asked each participant for a number. Aloud and in unison, the participants banged their drum that number of times. Roger chose the number 5. Rob surprised us with a marching drum.

The music was still ringing in our ears as we continued with our

next activity. We all know that Otsar Day Hab truly can't be "beat"!!